

Hemp Friendship Bracelet



You Need:

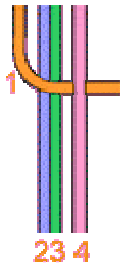
- 6 Yards [#20 Hemp](#)
- Misc. Beads
- Masking Tape

Instructions:

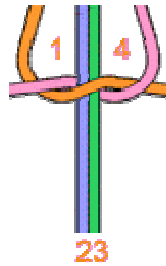
Preparing your cord:

Cut hemp into two 3 yard lengths. Fold both pieces 18" from the end. Gather the folded strands together. You now have two 18" strands and two 7½" strands. Tie all together into a knot 4" from the fold. Secure by taping to table top at fold. You could also use a clipboard or slip loop made by fold around a chair leg. Pull both 18" strands taut and tape down ends. These will become strands 2 & 3 in the diagrams below.

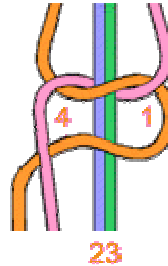
Making the knots:



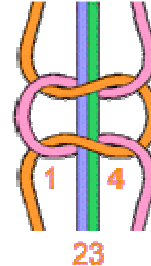
Cross strand 1 over strands 2 & 3 and under strand 4.



Bring strand 4 under strands 2 & 3, then up through the loop created by strand 1. Tighten.



Cross strand 1 over strands 2 & 3 and under strand 4.



Bring strand 4 under strands 2 & 3, then up through the loop created by strand 1. Tighten.

Adding Beads:

Beads can be added at any point on the bracelet. You can string them on one, two or all four strands. On the bracelet shown above, beads were strung only on strands 2 & 3.

Finishing:

When you reach the desired length, make a knot to match the other end. Remove tape. Trim ends, leaving enough to tie on wrist. Make a knot on each strand end to keep from fraying, adding a bead if desired.