



# DORSEY DOLPHINS NEWSLETTER – JUNE 15,

## 2008

<http://dorseydolphins.home.comcast.net>

### Message from the Coach

Hello everyone!

I am so very proud of each and every swimmer! Those who swam at time trials did a great job. There were many swimmers who went out and tried new strokes, and I am so impressed that they did. Over the past two weeks of practice I have seen so much improvement in each and every swimmer. I know that it was a rough two weeks with the space confinement yet, everyone did great.

Starting on Tuesday, June 17, we begin morning practice. Remember if you can not make it out to morning practice then that is okay. Feel free to come to evening practices on Wednesdays and Thursdays. On Saturday, June 21, is our first meet against Harpers Choice. It will be at Longfellow pool. I am extremely excited for this meet. I know for many swimmers it may be their first meet ever. It can be very overwhelming at first. But just remember, we are all in there to have fun! If you can not attend the meet then please remember to email me by Monday. Please remind your swimmers to be ready to be very spirited! Just as last year, we will be at the pool early to paint faces and spray hair. It shows a lot when a team walks into another pool together and is loud and spirited. So please, please, please arrive early to contribute to this!

Again, thank you to every swimmer who went out and tried their hardest in time trials! Based off of that I think that this is going to be a great summer! A special thanks to all of the parent volunteers! Without you guys time trials, and any meet, would not run as well as they do.

I look forward to seeing everyone in practice this week, at the pep rally/team pictures (personally I will be tie-dyeing because I love it!), and at the meet!

Coach Alyssa

### Message from the Managers



A **BIG THANK YOU** to everyone who volunteered at the time trial and allowed it to go so smoothly! We really appreciate all of your support. **We still need more help and volunteers in all areas for this coming and future meets, pep rallies and swim mania. Please send an email to [dorseydolphins@comcast.net](mailto:dorseydolphins@comcast.net) about your availability for swim meets and for social events.** An additional email will go out with specific jobs we still need to fill for this Saturday's meet as well as confirmation for those who already signed up.

Please bear with us as we receive your registration confirmation from CA. We will place your receipt and your swimmer's complimentary cap in your folder as we get them. Your family folder is in the black plastic filing cabinet at the pool.

If anyone is interested in planning a "game night" for our team please contact us. Last year we had a parent organize and lead us in a friendly game of Capture the Flag or perhaps we could play "Quidditch" again?

Remember to hold the date July 12<sup>th</sup> for Swim Mania, our fundraiser pool sleep over. Our charity this year is Howard County Autism Society. More information to come soon.....



Bingo Night at the pool will be July 15<sup>th</sup>. The Hemerly Family will be hosting. Thank you!!

We are off to a great season. Please feel free to contact us with any questions, concerns or suggestions.

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## Swim Meet- Saturday June 21<sup>st</sup> @ Longfellow Pool

Our first meet is this Saturday June 21<sup>st</sup> at the Longfellow pool against Harper's Choice Challenge. Please arrive by 7:20 am so we can march in together cheering loud as a team at 7:30. We have the pool at 7:30 for warm ups. The swim meet begins at 8:00 am. They have a 25 meter, 6 lane pool.

Directions to the pool are; from our pool- continue on Columbia Road south (toward 108.) Turn right onto MD-108, Clarksville Pike. Turn left onto Eliots Oak Road. End at 5257 Eliots Oak Road. 410-730-4978. They have a small pool and parking is limited. We can park inside the white lines along the main residential streets (Eliots Oak and Hesperus Drive.) Additional parking is available at Longfellow Elementary School on Hesperus Drive. **DO NOT** park in the townhouse development across from the pool. These developments post signs that parking is for residents only and any violators will be towed/ ticketed.

Inside the pool we will be to the right side of the pool/ diving well. They strongly suggest we provide our own portable chairs or bring blankets. Concessions will be available.

Remember if your child is not available to swim to please let Coach Alyssa know by the Monday before. Her email address is, [alyspaz@umd.edu](mailto:alyspaz@umd.edu) or fill out a meet absence form found in the filing cabinet at the pool.

## Pep Rally & Team Photo – Friday June 20<sup>th</sup> 5:00 to 8:00 pm



Join us for our first pep rally of the season! Bring a t-shirt to tie dye and we will also be decorating our cars. Be creative and show your team spirit. Thank you to Andrea Frank for organizing our tie dyeing supplies. Don't forget to drive to the pool if you want to decorate your car! Window paints will be provided.



Pizzas from Vocelli will be available for sale - \$12 for a large one topping pizza, salad and a beverage. **Pizzas must be preordered by Thursday at noon.** We will be using Evite for the pizza orders again this year. You will receive an email invitation to order pizza if you wish. If you don't want pizza, you do not need to respond. In the Evite, you will indicate which type of pizza you want and how many. Pay Dana at the pool on Friday. Please try to bring exact change. The pizzas will be available at 6:00. Please pick your order up by 6:30 or we will sell your pizza. Unfortunately our pool is not closed to the public during pep rallies, so let's try to congregate in the grassy area on the left side of the pool.



Classic Photography and Imaging will be taking Team Photos at the pep rally also. Individual photos start at 5:00 pm (optional) and team photo will be at 6:00 pm approximately. The photographer accepts cash, check or Visa, MasterCard, Discover or American Express. Siblings can be photographed together. Pictures will be mailed to your home. Order forms are in your folder at the pool (one envelope per family). Please be prompt and have your order form filled out. Make checks payable to Classic Photography.

## Stay Informed

Our main method of communication with Dorsey families is email. Please keep us updated with your current email address by sending any changes to [dorseydolphins@comcast.net](mailto:dorseydolphins@comcast.net). Team info can also be found on the Dorsey Dolphin website - <http://dorseydolphins.home.comcast.net> and on the bulletin board at the pool near the soda machines.

## New Swim Suits

We have new swimsuits this season. We'll be using them for Summer 08 and Summer 09. There will be an opportunity to get fitted and purchase the new suit from Cy's this week. Cy's will be at the pool from 8:00-10:00 am on Wednesday June 18<sup>th</sup>.

Cy's also has the suits in their store and they can be purchased there as well:

Cy's Of Catonsville 719 Frederick Road Catonsville, MD 21228 (410) 747-8760

## Practice schedule

**Regular season practice** schedule starts on Tuesday June 17 and goes until Thursday July 31. Practice is Tuesday, Wednesday, Thursday and Friday. All morning practices will be held at the Dorsey Hill pool.

8:00 – 8:45 am Swimmers ages 11-12, 13-14, and 15-18  
8:45 – 9:30 am Swimmers ages 7-8 and 9-10  
9:30 - 10:00 am Swimmers 6 yrs and under

**Make-up Practice** - If you miss a morning practice during regular season, the evening times listed below are available for make-up practice. On these days the pools are closed to the general public.

Phelps Luck (Wednesday Evening)

Running Brook (Thursday Evening)

5:00 – 5:45 pm Swimmers age 10 and under  
5:45 – 6:30 pm Swimmers age 11 and up

5:00 - 5:45 pm Swimmers age 10 and under  
5:45 - 6:30 pm Swimmers age 11 and up

### Things to Know About

**NEW SWIMMER TIP OF THE WEEK:** The line up (including event, heat number and lane number) will be posted on the fence at the meet on our team bulletin boards. Before the meet begins, check the fence to see what and where your child is swimming! Prior to each event, have your child pick up their card from the Clerk of Course. They sit at a table near the Starter. Try to stay for the entire meet! You might be needed at the last minute for a relay and if you are not, you can CHEER on your team and wait for the meet results!! Ribbons are given out at the end of each meet.

- Swimmers remember to remain in the water and against the wall until the final swimmer finishes his/her heat.
- Check out the "FAQ – New Swimmer Guide" on the team website for more tips.



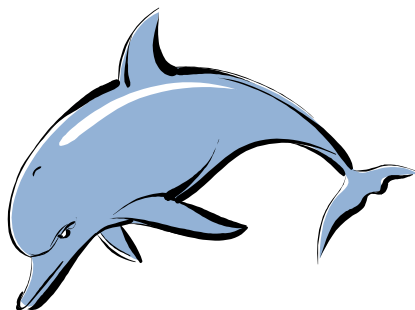
**Folders** –Any info that can't go out via email will be put in the folders, as well as ribbons after each meet. Folders will be in a black plastic filing cabinet at the pool. When you see the cabinet out, please check your folder.



**Spirit Wear** – Edna Hill-Sallah is our spirit wear coordinator, assisted by Mary Adams. Orders are due by this Saturday June 21st. It will take three weeks to receive those items. See the website for a list of the items and their prices. Payment can be made by check (make checks payable to Dorsey Swim Team) and placed in the Spirit Wear folder at the pool. Please support the team! Also look for Edna at all Pep rallies and Meets as we also have many items ready for purchase.

**Caps**- Year round swimmers are being asked this year to NOT wear their swim caps from other teams, as it may intimate a seasonal swimmer. Please be considerate of other swimmers and wear your complimentary Dorsey Dolphin cap!! Thank you.

Next week look for our Swimmers of the Week!!



# Go Dorsey Dolphins!!

