



DORSEY DOLPHINS NEWSLETTER – JUNE 22,

2008

<http://dorseydolphins.home.comcast.net>

Message from the Coach

Hello swimmers and families!

I wanted to first congratulate every one on a great first meet. We may not have won in the end yet each and every swimmer went out and tried their hardest and that is what we ask for. Not only that but our swimmers were extremely spirited!

I loved how many of you showed up early to get your hair sprayed; faces painted, or even a tattoo. I know not everyone got something however; we tried to get in as many as possible. I know some parents helped out and we are so appreciative for that! We will definitely continue to do that at meets.

I saw so many swimmers doing strokes that they may not have done in a meet before and doing extremely well at it. Know that Casey, Jen, and I see something in you and your stroke and that is why we put you in an event. If you get disqualified then do not feel defeated! You went out and tried it and we are so great full and proud of you for that! Know that we will be working more and more to help everyone improve in practice.

What I loved the most was how supportive the swimmers were of each other.

Throughout the meet I saw many of you sitting on the sides and cheering on your team mates! That was amazing because there is nothing better than to know your fellow swimmers are watching you go out and try your hardest! Swimmers: keep on supporting your team mates, stay spirited, great job in the meet, and I know you will each do well in the upcoming meets!

A special thank you to all of the parent volunteers! I know for some of you it was challenging at times but I hope that those things that occurred we can learn from and improve upon in the future meets! Overall I thought the meet went well and many thanks to all of you!

A reminder for those who will be missing a meet or leaving early; **Please fill out the meet absence form and return it to me by Monday!** A lot of hard work and time goes into each line up and knowing late in the week that a swimmer can not do a certain event because they are leaving or will not be attending can alter that line up!

I look forward to another great week of swim team! With practices in the morning, evening, a Survivor theme pep rally, and our first home meet against the Huntington Dolphins! I will see you all sometime soon! Thanks again so much to everyone!

A special congrats to the swimmers of the week! You each deserve it in your own way. See me for a special prize!

Coach Alyssa

Swimmers of the Week

6 and under: Josie Pittman, Tommy Wehr

7-8: Sydney Beck, Jane Hilger,

9-10: Kyle Ogden, Devin McIntyre

11-12: Elliot Frank, Zain Kazi, Sara McKissick

13-14: Alicia Frey, Nabil Morad

15-18: Elizabeth Mackey, Matt Decaro

Congratulations! Remember to see Coach Alyssa for your special prize.

Message from the Managers

Thank you to everyone who helped at Friday's Tie Dye/ Photo Night Pep Rally. The shirts looked great! Thanks again Andrea Frank for providing us with the tie dye supplies. Thanks to Coach Alyssa for assisting and teaching us how to make wonderful designs.

To all our Saturday volunteers, THANK YOU!!!! Our first meet ran smoothly, in part to everyone's hard work. **We still need more help and volunteers in all areas for this Saturday's and future meets, as well as pep rallies. Please send an email to dorseydolphins@comcast.net about your availability for swim meets and for social events.** An additional email will go out with specific jobs we still need to fill for this Saturday's meet as well as confirmation for those who already signed up.

Jenn Cavey has been taking pictures for us. Thank you! Please take the time to go to our website, <http://dorseydolphins.home.comcast.net> and click on "photos." This week's will be posted soon. Time trials are available for viewing.

Swim Mania will be here before you know it. On Saturday, July 12th we will camp at the pool in an effort to raise money for the Howard County Autism Society. There will be games, movies, late night swimming and more. Information will be posted soon along with a volunteer sign up.

Thank you to everyone who has purchased spirit wear. If you still haven't checked it out, there is time. See Edna Hill-Sallah or Mary Adams.



Restaurant Night- Monday July 7th join your team at Uno's. They will donate a portion of that day's sales to our team. Vouchers will be needed!! We will pass them along when we receive them.

We truly appreciate everyone's help. Please feel free to contact us with any questions, concerns or suggestions.

Dana Varela
Barb Pavao

(410) 465-3377
(410) 418-4749

juliodana@verizon.net
bboardman-pavao@comcast.net

Swim Meet- Saturday June 28th @ Dorsey

Our second meet is this Saturday June 28th at our pool against the Huntington Dolphins. Please arrive by 7:00 am for warm ups. The visiting team has the pool at 7:30. Please remember we reserve the grassy area behind the pool, to the left of the volleyball pit and the grassy area behind the diving well for the visiting team. The meet begins promptly at 8:00am. Allow enough time to check the line up on the bulletin boards and then check in for your first event with the Clerk of Course.

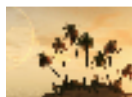


Our Concessions will be available with lots of food and snacks. Jerry Budai and Cathy Sagrillo have been working hard to prepare a delicious offering for our hungry team. This is a huge fund raiser for the team!! **Please also consider working an hour or so at the stand. EASY JOB!!! It can get very hectic and the more people helping the smoother things will go. They could also use help picking up ice or bagels/ donuts in the morning.**

Our 50/50 raffle will also be available!! Thanks to the Diven family. Will Greg wear the wig????



Pep Rally - Survivor - Friday June 27th 6:00 to 8:00 pm



Join us for our second pep rally of the season, SURVIVOR THEME courtesy of the Cavanaugh, Bonner, Arsenault and Ingham families. Looking forward to some challenging games!!! Help decorate the pool to greet our Huntington guests.



Pizzas from Vocelli will be available for sale - \$15 for a Special Gourmet pizza, salad and a beverage. \$12 for a cheese or one topping pizza, salad and beverage. A second pizza is available for \$10. Special names in honor of Survivor!! **Pizzas must be preordered by Thursday at noon.** We will be using Evite for the pizza orders again. You will receive an email invitation to order pizza if you wish. Please respond even if you are not ordering pizza, it helps us with a head count of who is coming. In the Evite,

you will indicate which type of pizza you want and how many. Pay Dana at the pool on Friday. Please try to bring exact change. The pizzas will be available at 6:00. Please pick your order up by 6:30 or we will sell your pizza.

Unfortunately our pool is not closed to the public during pep rallies, so let's try to congregate in the grassy area on the left side of the pool.

Stay Informed

Our main method of communication with Dorsey families is email. Please keep us updated with your current email address by sending any changes to dorseydolphins@comcast.net. Team info can also be found on the Dorsey

Dolphin website - <http://dorseydolphins.home.comcast.net> and on the bulletin board at the pool near the soda machines.

Our Dedicated Swimmers

We would like to acknowledge our dedicated swimmers; thank you for continuing to swim and support our Dorsey team! Your continued dedication serves as a good role model for our younger swimmers.

Last Year Swimmers:

- Jennifer Johnston (14 years)
- Katherine Mackey (10 years)
- Steven Schnorf (11 years)

10 Year Swimmers:

- Michael Lazris
- Elizabeth Mackey
- Katherine Mackey
- Maria Pascale
- Jonathan Sham
- Zack Stone

5 Year Swimmers:

- Kelsey Diven
- Tessa Hawkins
- Maggie Lewis
- Maggie Loughlin
- Matthew Thompson

Our Team and a Special Thank You

Summer swim team is a great family sport which allows swimmers from age 4 to 18 to compete swimming at the same time and parents to work together as volunteers. Thanks to all of the volunteers who work together as a team to have the meet go so smoothly. We appreciate all the new families who have offered to help without thinking twice. We also thank those returning families who keep supporting us all the time - **which makes our work so much easier.**

Did you know we have almost 200 swimmers in our team? The distributions so far are: A complete roster will be distributed to all our families soon.

Age Group	# of Swimmers
Age 6 and Under	17
Age 7 - 8	49
Age 9 - 10	51
Age 11 - 12	33
Age 13 - 14	16
Age 15 - 18	22

Because of our increasing number of swimmers, we would like to recognize our Hy-Tek data entry person, **Jenn Cavey**. Without her help inputting all the line up and results into the computer we would not be able to run our meets. It is not easy to enter all the 350 - 420 entries and results into the computer and print out all the meet cards. When you see her please give her a BIG pat on the back. This is her son's second year on the team but she gratuitously signed up and has been doing a wonderful job learning the new software!! THANK YOU JENN!

Things to Know About

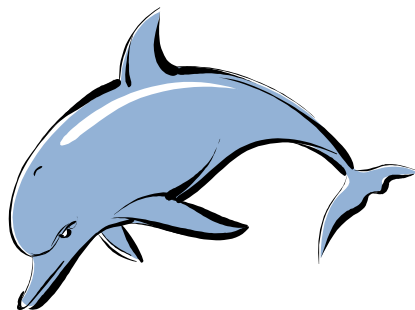
NEW SWIMMER TIP OF THE WEEK: Relays – Setting up for the relays can be chaotic. We ask all relay swimmers to line up near the fence. There are signs so that swimmers can congregate by their age group. We start lining up when the butterfly event begins. We usually need help from parents to get this organized, especially for the younger swimmers. Swimmers age 10 and under swim one length of the pool. So that means 2 members

of the team start at one end and the other two start at the opposite end. The in-water relay start at the shallow end is new this year. In-water swimmers are to remember that they may enter the water when the swimmer on the opposite side of the pool ahead of them has entered. You must also be touching the wall continuously until the swimmer ahead of you touches, than you may go. No one may touch a relay swimmer on deck. The relay will be disqualified if a parent or another swimmer is touching (or pushing) a swimmer before they go.

Folders – Thank you to our ribbon writers who got the team’s ribbons into the folders by the end of the meet. If you didn’t pick them up at the meet please do so at practice.

Caps- Year round swimmers are being asked this year to NOT wear their swim caps from other teams, as it may intimate a seasonal swimmer. Please be considerate of other swimmers and wear your complimentary Dorsey Dolphin cap!! Thank you.

	<i>Day</i>	<i>Event</i>
June 27	Friday	Pep Rally 6 to 8 pm Survivor
June 28 - home	Saturday	Meet 2: Huntington @ Dorsey
July 4/5	Friday/Sat	NO MEET- Enjoy your holiday
July 7	Monday	Restaurant Night at Uno’s
July 12 - home	Saturday	Meet 3: Pointer’s Run @ Dorsey
July 12	Saturday	Swim Mania pool sleep over – Charity fund raiser
July 15	Tuesday	Bingo Night at the pool.
July 18	Friday	Pep Rally - 6 to 8 pm American Idol
July 19 - away	Saturday	Meet 4: Dorsey @ Long Reach (Kendall Ridge)
July 25	Friday	Pep Rally – 6 to 8 pm- Hula Luau
July 26 - home	Saturday	Meet 5: Pheasant Ridge @ Dorsey
July 27	Sunday	Awards Night @ Dorsey pool
August 1	Friday	All City Meet for 8 and under
August 2	Saturday	All City Meet for 9 and older



Go Dorsey Dolphins!!

