



DORSEY DOLPHINS NEWSLETTER – JULY 13,

2008

<http://dorseydolphins.home.comcast.net>

Message from the Coach

Hello everyone!

What an amazing weekend of swimming! Starting early Saturday morning with our meet against Pointers Run. We may not have won this meet, but I am proud of each and every swimmer. A lot of you went out and tried your hardest and were put in events you may not have done before. All in all I thought that we as a team did a great job. There were a few things that the coaches and I had noticed however, we will be sure to work on them in practice this week!

Swim Mania. Wow. I saw so many families and kids out there having a great time and swimming a TON of laps. For those of you who weren't there, you missed out on a lot of fun! I don't know exactly how much sleep everyone got last night, but I hope that everyone can catch up on it; I know I got very little! A great presentation was made by some representatives of the Howard County Autism Society. If you missed out or are just looking for more information I would recommend that you contact them. They were all so nice and gave us some great information about future events.

We only have a few more meets left in this season. Please remember that if you are not going to be able to make the meet or will be leaving early to let me know by Monday.

This weekend we swim the Long Reach Marlins at Kendall Ridge Pool. Being an away meet the warm ups will begin at 7:30 am. However, we will be arriving early to paint faces and such. Starting around 7:10 we will be there. We will then be walking in together as a team around 7:25. Please note that if you are not there early then we will not be able to paint faces once the meet starts. Please, please, please come early. It shows so much when we walk in as a team. I have seen some great spirit from everyone thus far and do not want to see this change.

Thanks again to everyone for a great weekend! Especially the volunteers! I know that many of you were doing new jobs or different jobs. A great thanks for that.

I could not say enough how much you all mean to the team. Without you guys, the meets and events would not run nearly as smoothly as they do. An extra special thank you to our team managers, Barb Pavao and Dana Varela, for planning a great Swim Mania!

See you all this week,
Coach Alyssa

Swimmers of the Week

6 and under: Randy Shobert, Avery Beck, Timothy Tackas

7-8: Kaitlyn Dumonceau, Adam Loudin

9-10: Connor Pizii, Maddie Caldis, Maggie Medoff

11-12: Joe Pavao, William Sherman

13-14: Maria Pascale, Ian Dwyer

15-18: Zack Stone, Sarah Laper, Connor McIntyre

Congratulations! Remember to see Coach Alyssa for your special prize.

Message from the Managers

-SWIM MANIA went great! We hope everyone had as much as we did. (Maybe a little tired, but worth it.) We had a tremendous turn out over 175 people attended. 81 swimmers from our team and 82 people camped out. Thank you to all the wonderful parents who volunteered couldn't have happened without everyone's help.

We will announce our total donation to Howard County Autism Society very soon. More on Swim Mania below.

If anyone has pledges to collect for their lengths swam please collect it this week and get the money to us by Saturday July 19th. Thank you!!

-We have received the final roster from CA and will be distributing it to the team soon. Please verify that our information is correct.



B-I-N-G-O Tuesday July 15th is Bingo Night at the pool. Thank you to the Hemerly Family for Sponsoring this annual event for us. Please bring quarters. \$0.25/ card to play and a beach towel to Sit on. We borrow the pieces and don't want to loss any in the grass. A few people will be needed to help collect money. We will begin at 7:00pm and play till 8:30. Hope to see you at the pool.

-Thank you to all our volunteers who helped at the meet on Saturday!! Your help is very much appreciated. If you would like to help with future meets or pep rallies please check out the volunteer section of our website or send an email to dorseydolphins@comcast.net Thanks.

-All City is coming up. Please know entries must be given to Coach Alyssa or NO LATER THAN SATURDAY JULY 26th 2008 by 5 pm. Entry forms can be found from our website, click on the link labeled "All-City."



Awards Night is coming..... please mark your calendars for our annual awards night Sunday July 27th from 6:00 to 10:00pm. Dinner, Awards and Games. Look for an Evite to come out soon with all the details.

We truly appreciate everyone's help. Please feel free to contact us with any questions, concerns or suggestions.

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Barb Pavao

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Swim Mania

Swim Mania was a huge success! Thank you to all the swimmers and families who attended. We all had a lot of fun, food and maybe a little sleep. We raised money for a great cause, the Howard County Autism Society. The Howard County Autism Society serves individuals on the autism spectrum, their families, and their communities by providing information, support, and advocacy; by promoting awareness of autism that values the dignity and uniqueness of each individual; and by working to improve the quality of and access to services and to educational opportunities. We will announce soon how much our team raised. **Please remember if you have any pledges to collect based on your lengths swam to submit the money by Saturday July 19th.**

There was a lot of swimming going on.....

The following swimmers took **First Place** in their age group for the most lengths swam. Congratulations! Please see a manager for your choice of where you would like your \$15 gift card. Great Job!!

6 and under: **Colin Homassel** – 36 lengths
7 years old: **Sophie Schulz** – 82 lengths
8 years old: **Tyler Curtis** – 100 lengths
9 years old: **Elise McGinnis** – 102 lengths
10 years old: **Daniel Budai** – 120 lengths
11 years old: **Joe Pavao** – 232 lengths
12 years old: **Shaelyn Cavanaugh** – 120 lengths
13 and older: **Maria Pascale** – 82 lengths

For a complete list of swimmers and their lengths check it out on our website.

We would like to thank the following people and businesses for their assistance;

- The Pascale Family for loaning us their projector
- Rita's on Frederick Road for donating coupons for Free Kids Italian Ice
- Target in Long Gate Shopping Center for donating our movie Popcorn
- Chick-Fil-A restaurant for offering us special pricing for our event
- Ginny Bickell from HCAS for their educational presentation
- Bob Ballinger for talking to our kids about Autism

Swim Meet- Saturday July 19th Away @ Kendall Ridge

Dolphins our last away game will be this Saturday July 19 against the Long Reach Marlins at the Kendall Ridge pool. The pool is located at 8245 Tamar Drive. Take Route 100 to Snowden River Pkwy. Turn left onto Tamar Drive. The pool will be on your right. Warm ups are at 7:30. Please be there! It makes a difference. The meet will

begin at 8:00am. Coaches Alyssa, Jen and Casey will be in the parking lot at 7:10 for face painting and hair spray. We will walk in cheering as a team at 7:25. Come and show some of that Great Team Spirit!!

Street parking is available.

If you will not be able to attend or if you plan to leave early please either email Couch Alyssa alypaz@umd.edu or fill out a Meet Absence Form found in the black filing cabinet with our folders BY MONDAY!

Pep Rally - Friday July 18th 6:00 to 8:00 pm

Are you the next Kelly Clarkson? The next David Cook? Come out on show your Dorsey spirit at the American Idol Pep Rally. Dress up as your favorite American Idol or be Paula's favorite color of the rainbow. You can even dress up as your favorite judge. We'll have dancing, singing, and name-that-tune, and all of this WITHOUT the annoying commercial interruptions. See you Friday!

Thank you to the Parsons, Loudin, Pittman & Swain families for hosting!!
Remember your car, markers will be available to decorate for our away game spirit.



Pizzas from Vocelli will be available for sale - \$12 for your first pizza, \$10 for a second. Drinks and salad will be provided this week. **Pizzas must be preordered by Thursday at noon.** We will be using Evite for the pizza orders again. You will receive an email invitation to order pizza if you wish. Pay Dana at the pool on Friday. Please try to bring exact change. The pizzas will be available at **6:00**. Please pick your order up by 6:30 or we will sell your pizza.

All City Swim August 1st and 2nd

The All City Swim for swimmers 8 and under will be Friday August 1st. Warm-ups are at 4:30, Meets begins at 5:30. The meet will take place at the Phelps Luck Pool.

The All City Swim for swimmers 9 and up will be Saturday August 2nd as follows: Session 1 swimmers 13-18 warm-ups are at 8:00am. The meet will take place at 9:00am. Session 2 swimmers 9-12 warm-ups are at 12:00pm. The meet will take place at 1:00pm.

Please see below for more details and check out the following link for the registration form and additional information.
<http://clippersswim.org/htdocs/modules/smartsection/item.php?itemid=182>

Eligibility: The meet is open to all 2008 CNSL participants who swim in 3 dual meets or 2 dual meets and Time Trials. Swimmers will swim in their age group according to their age on June 1, 2008. Ages will be verified.

Entries: Swimmers may enter TWO individual & ONE relay events. Swimmer's entries will be assigned to the applicable division by the CNSL Officials according to the published cut off times. A "no time" entry is NOT acceptable. Swimmers must have a legal swim time for the event in which they are competing from a 2008 CNSL Dual Meet or Time Trials.

Relay participants will be determined by the team coach. Mixed Relays must consist of 2 male and 2 female athletes. For all 100 yard relay events, swimmers must use an in water start at the shallow end of the pool.

Entries must be received by your coach or team manager **NO LATER THAN SATURDAY, JULY 26, 2008 AT 5PM.** Entries must be made on the All City Championship Meet Entry Form included at the end of this meet notice. Swimmer's date of birth must be included. Parent signature indicates that information submitted is correct, and it must be included on the entry form.

LATE ENTRIES OR DECK ENTRIES WILL NOT BE ACCEPTED.

Volunteers: Each CNSL Team will be required to provide 3 volunteers for the meet. Volunteers may sign up for a position at www.clippersswim.org at the CNSL All City Championship Meet link starting July 14, 2008.

Awards: Medals for first through third in "A, B, C" Division. Rosette ribbons for fourth through tenth place in all divisions. Participation awards for 8 & under swimmers.

Rules: The meet will be conducted according to the 2008 United States Swimming and CNSL Rules and Regulations. Deck officials will enforce these rules. No one will be permitted on the pool deck unless they are a participating swimmer, CNSL coach, meet staff or a volunteer working the meet session.

Sales: T-shirt, programs, concessions, and apparel will be for sale.

Parking: Limited parking is available along Phelps's Luck Drive and the Phelps's Luck Elementary School behind

the pool. Parking is also available at Howard High School.

Directions: Phelps's Luck Pool - From Route 29, turn east on Route 108. Turn right on Phelps's Luck Drive. The Phelps's Luck pool is on the left behind Roma's Pizza store.

Rain Dates: Sunday, August 3rd same times as above

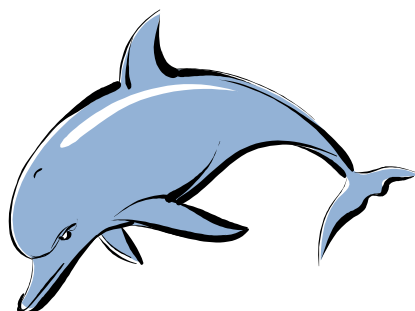
Stay Informed

Our main method of communication with Dorsey families is email. Please keep us updated with your current email address by sending any changes to dorseydolphins@comcast.net. Team info can also be found on the Dorsey Dolphin website - <http://dorseydolphins.home.comcast.net> and on the bulletin board at the pool near the soda machines.

Did you Know

CNSL has a new website. The site includes weekly meet results, photo of the week and other important upcoming information. Check it out, www.cnslswimming.org

Date	Day	Event
July 15	Tuesday	Bingo Night at the pool.
July 18	Friday	Pep Rally - 6 to 8 pm American Idol
July 19 - away	Saturday	Meet 4: Dorsey @ Long Reach (Kendall Ridge)
July 25	Friday	Pep Rally - 6 to 8 pm- Hula Luau
July 26 - home	Saturday	Meet 5: Pheasant Ridge @ Dorsey
July 27	Sunday	Awards Night @ Dorsey pool 6 to 10pm
August 1	Friday	All City Meet for 8 and under
August 2	Saturday	All City Meet for 9 and older



Go Dorsey Dolphins!!